



WINEHEALTH 2017

February 16<sup>th</sup>-18<sup>th</sup>, 2017

Logroño (La Rioja-Spain)

Congress venue: **Riojaforum**

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Organized by



**FIVIN**  
FUNDACIÓN PARA LA  
INVESTIGACIÓN DEL  
VINO Y LA NUTRICIÓN



UNIVERSITAT DE  
BARCELONA

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Centro de Investigación Biomédica en Red  
Fisiopatología de la Obesidad y Nutrición

**INSA**  
Institut de Recerca en Nutrició  
i Seguretat Alimentària



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## Programa

### 16<sup>th</sup> February

<b>10:00-11:30 h</b>	<p><b>Plenary opening sessions (New Trends in Nutrition)</b></p> <ul style="list-style-type: none"> <li>▪ <b>Personalized diets for different age groups</b> Prof. Stine M. Ulven (University of Oslo, Oslo, Norway)</li> <li>▪ <b>Grand-parental diet may increase the risk of Metabolic Syndrome in the grand-offspring: The sin of our fathers and the fathers of our fathers</b> Dr. Josep Jiménez-Chillarón (Fundació Sant Joan de Déu, Esplugues de Llobregat, Spain)</li> <li>▪ <b>Innovative targets on research on polyphenols</b> Dr. Pedro Mena (University of Parma, Parma, Italy)</li> </ul>
<b>11:30-12:00 h</b>	<b>Coffee Break and poster session</b>
<b>12:00-13:30 h</b>	<p><b>Session I: Epidemiological evidence on the relationship between alcohol and wine consumption and human health</b></p> <ul style="list-style-type: none"> <li>▪ <b>Wine research: past, present and future</b></li> <li>▪ <b>Update on the J-shaped curve: where are we now?</b></li> <li>▪ <b>Different effects of wine, beer and spirits on health</b> Prof. Giovanni de Gaetano (IRCCS Istituto Neurologico NEUROMED, Pozzilli, Italy)</li> <li>▪ <b>Short selected communications</b></li> </ul>
<b>13:30-15:00 h</b>	<b>Lunch and poster session</b>
<b>15:00-16:30 h</b>	<p><b>Session II: Wine and diabetes, obesity and metabolic syndrome</b></p> <ul style="list-style-type: none"> <li>▪ <b>New studies on the effects of wine on diabetes</b> Dr. Iris Shai (Ben Gurion University, Beerseba, Israel)</li> <li>▪ <b>Wine and Metabolic Syndrome</b> Dr. Anna Tresserra-Rimbau (University of Barcelona and CIBEROBN, Spain)</li> <li>▪ <b>Wine polyphenols and obesity</b> Prof. M. Puy Portillo (University of the Basque Country and CIBEROBN, Spain)</li> <li>▪ <b>Short selected communications</b></li> </ul>
<b>16:30-17:00 h</b>	<b>Coffee Break and poster session</b>



<b>17:00-18:30 h</b>	<p><b>Session III: Wine and cardiovascular health</b></p> <ul style="list-style-type: none"> <li>▪ <b>Wine, Mediterranean diet and cardiovascular disease. Lessons from the Predimed trial</b> Dr. Ramon Estruch (University of Barcelona, Spain and CIBEROBN, Spain)</li> <li>▪ <b>Effects of alcoholic beverages such as wine on lipid and other biomarkers for cardiovascular disease</b> Dr. Henk Hendriks (Hendriks Nutrition Support for Business, Zeist, The Netherlands)</li> <li>▪ <b>Regulation of eicosanoids by red wine</b> Dr. Angel Gil Izquierdo (CEBAS-CSIC, Murcia, Spain)</li> <li>▪ <b>Short selected communications</b></li> </ul>
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## 17<sup>th</sup> February

<b>8:30-10:00 h</b>	<p><b>Session IV: Wine and brain health</b></p> <ul style="list-style-type: none"> <li>▪ <b>Cognitive effects of wine polyphenol consumption</b> Dr. David Vauzour (Norwich Medical School, Norwich, UK)</li> <li>▪ <b>Insights into the impact of wine consumption on brain health</b> Dr. Cecilia Samieri (Université Victor Segalen Bordeaux, Bordeaux, France)</li> <li>▪ <b>Effects of different components of the Mediterranean diet on cognitive decline and neurodegenerative diseases</b> Dr. Emilio Ros (Hospital Clínic de Barcelona, and CIBEROBN, Spain)</li> <li>▪ <b>Short selected communications</b></li> </ul>
<b>10:00-10:30 h</b>	<b>Coffee Break and poster session</b>
<b>10:30-11:45 h</b>	<p><b>Session V: Wine and cancer</b></p> <ul style="list-style-type: none"> <li>▪ <b>Chemopreventive effects of wine polyphenols</b> Prof. Norbert Latruffe (Université de Bourgogne, Dijon, France)</li> <li>▪ <b>Polyphenols and cancer: experience from the EPIC study</b> Dr. Raul Zamora, (ICO-IDIBELL, Barcelona, Spain)</li> <li>▪ <b>Short selected communications</b></li> </ul>



11:45-13:15 h	<p><b>Session VI: Wine bioefficacy: Interactions with the gastrointestinal tract</b></p> <ul style="list-style-type: none"> <li>▪ <b>The gut microbiota: mediator of beneficial effects of wine in vivo</b> Dr. Francisco Tinahones (Hospital Virgen de la Victoria and CIBEROBN, Spain)</li> <li>▪ <b>Wine and microbiota</b> Prof. Begoña Bartolome (Institute of Food Science Research (CIAL-CSIC), Madrid, Spain)</li> <li>▪ <b>Phenolic metabolites and substantial microbiome changes in pig faeces by ingesting grape seed proanthocyanidins</b> Prof. Andrew Waterhouse (UC Davis, Davis, USA)</li> <li>▪ <b>Short selected communications</b></li> </ul>
13:15-15:00 h	<p><b>Lunch and poster session</b></p>
15:00-16:00 h	<p><b>Session VII: Translation of science to policy and practice</b></p> <ul style="list-style-type: none"> <li>▪ <b>Wine, health and social aspects in the training of wine professionals - a reality or fiction?</b> Mrs. Ursula Fradera (Deutsche Weinakademie GMBH, Wine In Moderation, Germany)</li> <li>▪ <b>Changing the upper limits of moderate alcohol consumption. The need for a world wide politic on alcohol consumption</b> Dr. Creina Stockley (The Australian Wine Research Institute, Adelaide, Australia)</li> <li>▪ <b>Short selected communications</b></li> </ul>
16:00-17:30 h	<p><b>Session VIII: Mechanism of wine components</b></p> <ul style="list-style-type: none"> <li>▪ <b>Regulation of vascular endothelial function by red wine procyanidins</b> Prof. Roger Corder (University of London, London, UK)</li> <li>▪ <b>Antioxidant and anti-inflammatory effects of wine</b> Prof. Mladen Boban (University of Split, Croatia)</li> <li>▪ <b>Procyanidins and Biological Rhythms</b> Prof. Cinta Bladé (University Rovira i Virgili, Tarragona, Spain)</li> <li>▪ <b>Short selected communications</b></li> </ul>
17:30-18:00 h	<p><b>Coffee break and poster session</b></p>



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18:00-19:30 h

**Session IX: Round Table Innovation and future**

- Prof. Rosa M<sup>a</sup> Lamuela-Raventós (University of Barcelona, and CIBEROBN, Spain) - Chair
- Dr. Piere-Louis Teisserdre (University of Bordeaux, Bordeaux, Francia)
- Dr. Creina Stockley (The Australian Wine Research Institute, Adelaide, Australia)